

Newsletter 2

Emotional Management and Support for Migrant Women

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First results and next steps of EMMW project – discussed at the partner meeting in Cordoba, Spain

EMMW is an Erasmus+ project for developing a training plan for the purpose of developing and managing **emotional skills in the frame of the immigration**, reaching both female migrants and social workers and NGO with the aim of improving their risk situation in the adaptation and integration to a different country from that of their origin and, at the end, psychological well-being and the inclusion in the host country.

Here are 3 main news:

1) On the 15-16 November the **transnational partner meeting** took place in Cordoba, Spain, organised by INDEPCIE. The agenda included: Report on the implementation of the first quarter of the project, Revision of the Self-assessment tool, Workshop on Theoretical Modules, Administration and finance report and Project dissemination. Alongside with deep conversations partners had an opportunity to go on a city tour and enjoy informal communication with each other.

2) We have created the **Self-Assessment tool** on socio-emotional skills (Project Result 1), where the stakeholders are able to discover their own level emotional intelligence in different areas, such as: patience, empathy, listening, self-control, sensitivity, ask for help, having a positive attitude. **Link: <https://emmw.eu/form/>**

Our website

<https://emmw.eu/>

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In this sense, our training system will be a very useful tool to delve into the emotional world of the migrant to help them in their learning journey.

3) Right now, the project consortium is developing the theoretical contents of the areas defined in the PR1 to generate **theoretical modules**. Attention will be paid to favour user-friendly digital tools to facilitate its access to the largest number of people.

Project partners

The project coordinator, Migrafrica, is based in Cologne Germany, and the partners come from Spain, Finland, Turkey, Belgium and Greece.

MIGRAFRICA, Germany

www.migrafrica.org



INDEPCIE SCA, Spain

<https://indepcie.com/>



Learning for Integration ry, Finland

www.lfi.fi



The project website was developed by E- SCHOOL and will feature information about the project as well as all the project results. Check it out here: <https://emmw.eu/>

Follow us on social media and stay tuned for our next steps!

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