

Newsletter 1

Emotional Management and Support for Migrant Women
2021-1-DE02-KA220-ADU-000033610



Launching EMMW – Emotional Management for Migrant Women project in Cologne

EMMW is an Erasmus+ project for developing a training plan for the purpose of developing and managing emotional skills in the frame of the immigration, reaching both female migrants and social workers and NGO with the aim of improving their risk situation in the adaptation and integration to a different country from that of their origin and, at the end, psychological well-being and the inclusion in the host country.

The project started in a kick-off meeting in Cologne, Germany in April 2022. The partners got to know each other and the main topics of the project, emotional skills, emotional intelligence and psychological well-being of

Project website:

<https://emmw.eu/>

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migrant women were discussed at the meeting. Also project management, dissemination as well as the first result that the partners started developing, desk research on the state of the art in partner countries, were discussed in detail.

The partners enjoyed the spring days in Cologne and are looking forward to working on the project.

Project partners

The project coordinator, Migrafrica, is based in Cologne Germany, and the partners come from Spain, Finland, Turkey, Belgium and Greece.

MIGRAFRICA, Germany
www.migrafrica.org



INDEPCIE SCA, Spain
<https://indepcie.com/>



Learning for Integration ry, Finland
www.lfi.fi



The project website was developed by E-SCHOOL and will feature information about the project as well as all the project results. Check it out here: <https://emmw.eu/>

Follow us on social media and stay tuned for our next steps!

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<https://www.puhu.com/>



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